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# Randolph County 4-H Newsletter

Volume 4, Issue 2

March/April 2009

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Dear 4-H Family,

We have had a busy winter! We took 8 youth and two volunteers to Winterfest in Orange County! The ice skating was great! Our Honors Night Celebration has been in the planning stages and so many youth and 4-H club leaders will be receiving recognition. We hope all clubs are celebrating our 100th anniversary of 4-H! We have a rich history and should be telling our story to anyone who will listen. Remember to send in your 4-H memories, so we can share them with others.

The Human Race is our next event, along with Teen Retreat, we have five youth preparing to go to Winston-Salem for this overnight event.

Now is the time for club members to be practicing their club presentations so that you are ready for District Activity Day on June 19.

Please read the 4-H newsletter and call us if you have questions or need more information!

Sincerely,

Barbara Dunn Swanson  
Extension Agent, 4-H Youth Development



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## Human Race



Mark your calendars and get on your walking/running shoes - March 21 is the date for Randolph County's Human Race. The 3.5 K will start and end at Memorial Park in Asheboro. Club members, ask a family member, friend, or neighbor to sponsor them for the event. All money collected is turned into your 4-H club leader who will then turn it into the 4-H office by Monday, March 16.

All participants gather at Memorial Park on Saturday morning March 21, at 9:30 AM and walk together as a group. The best part of the fundraiser is that 4-H gets to keep 75% of all the money it collects. The other 25% goes to the sponsoring agency Randolph County Volunteer Center. Money raised from this event helps provide scholarship assistance to 4-H'ers attending camp, summer programs, Dairy Youth Retreat, 4-H Congress, Teen Retreat, Winterfest and so much more. Each walker must have a signed permission form to participate in the walk. Contact the extension office with questions.

## **4-H Entertains/Fashion Review**

The month of May will be the time for our annual 4-H Entertains and Fashion Revue. Clubs start working on group skits and programs and individuals and small groups should start planning your talent for this year's event. We want to make this year extra special with loads and loads of talent!



It's also time to get started on your sewing project for the fashion revue. While Randolph County 4-H is well known for talented sewing projects – we encourage beginners to jump in and get in on the fun. If you need some extra help lining up your seams and marking your patterns, please call us at the extension office. We have some experienced helpers ready to work with you one on one or in small groups. Happy Sewing!



\*\*\*\*\*  
**Guess What!**  
\*\*\*\*\*  
Randolph County 4-H is starting a Teen Club! This is open to all teen 4-Hers currently enrolled but it is also open to any teen in Randolph County interested in having fun while sharing ideas about making a difference in your community. Please contact Jody at the extension office for more details.  
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## **APPLICATION RESUME INTERVIEW DUE MAY 12**

ARI also known as Application, Resume, and Interview is a 3-step process by which 4-H members are chosen to attend National events such as National Congress, National Conference, and International Leadership Conference. 4-H members ages 14-18 (age is determined by age as of January 1 of the current year) simply fill out an application, prepare a written resume and then participate in an interview with three judges.



Based upon 4-H members written accomplishments, their resume objectives and their poise in front of the judges they can be successful and win a trip to Atlanta GA, Washington D.C. or even Michigan!

The following Randolph County 4-H members have completed this process and won trips: Katelyn Jarrell, Katie McCain, Kerri Beth Frazier, Aaron McCain, Stevy Grubb, and Jason Wright!

Jody and I can help you prepare for the ARI process. The application and resume must be delivered to our Extension office by Tuesday, May 12. The interviews will take place in Raleigh, NC.

The application form and helpful hints about preparing your resume can be found at the following website: <http://www.ces.ncsu.edu/depts/fourh/publications/forms/ARI/>

## **Parent/Leader Meeting**

PARENT/LEADER VOLUNTEER MEETING SCHEDULED FOR THURSDAY, APRIL 30. RSVP TO DAWN AT 318-6000. ALL ADULTS WHO HAVE A 4-H YOUTH OR ADULTS WHO VOLUNTEER IN ANY WAY WITH THE 4-H PROGRAM ARE INVITED TO ATTEND.



## **4-H Presentations**

District Activity Day is scheduled for Friday, June 19 in Caswell County. Pick your topic and let's start working on your presentation. If you need help with a topic to research and present, Barb or Jody will be glad to help you with some ideas. This is the opportunity to work on your public speaking skills and explore a subject of interest to you. We will plan to have county presentations in late May or early June so now is the time to get started!

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## Photo Contest



It's time for the 2009 North Carolina 4-H Photography Contest! This year's new category will be "4-H Centennial" and can include any images from events or celebrations related to the year's centennial activities.

We will begin accepting entries for the 2009 4-H Photography Contest now through Tuesday, June 9, 2009. Winning entries will be displayed at 4-H Congress in July. The purpose of this exhibition is to provide a showcase of 4-H members' photographic accomplishments. After Congress, the winning photos will be displayed at selected meetings and events throughout the year.

We encourage every 4-H'er with an interest in photography to represent Randolph County in this year's exhibit. Please note that entries for the 2009 contest must be postmarked NO LATER THAN June 9, 2009, and should be **original** images created from June 2008 to June 2009. Contest categories this year include our standard "4-H in Action" and "Nature's Beauty" categories, with a new category this year of "4-H Centennial." Each category will be divided into a Junior (Ages 9-12) and Senior (Ages 13-19) division .



## Centennial Baseball Game

4-H will be recognized at a Winston-Salem Dash Baseball Game on Friday evening June 5 at the Ball Park in Winston-Salem. Tickets are just \$10 each and include ticket and ball cap!

If you would like to join Randolph County 4-H at the game, purchase your tickets at our Randolph County Extension Office, 112 W. Walker Avenue. All tickets will be paid for in advance and then made available at the WILL CALL office at the ballpark the night of the game. State 4-H Leader, Marshall Stewart will be throwing out the first pitch and county 4-H programs will be recognized.



Tickets must be purchased before April 30! So don't delay, buy your tickets today.

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The Happy Heifer Dairy Club members campaigned and elected club officers for this upcoming year while also planning club meetings and activities thru June of 09. January and February meetings were used for making valentine bags for residents at Cross Road Retirement Center and helping out the Lions Club with some crafty cut outs.

**Congratulations** to Randolph County 4-H volunteers Gail Allred and Brenda Eurillo. These two ladies were recognized at the North Carolina 4-H Volunteer Leaders Conference in Raleigh on February 7. Ms. Allred received an award as the North Central 4-H Adult Volunteer and Ms. Eurillo received the State Recognition for 4-H School Enrichment Volunteer Award. Volunteers like you make the best better!



*\*\*\*\*Don't forget about your 4-H club meetings for March and April. Are they marked on your calendar? If you are not currently attending a particular club meeting and would be interested, contact Jody at the extension office to connect with a club or even create a new club!\*\*\*\**



## **Shooting Sports Anyone?**

You asked for it and now we are hoping to deliver! Several 4-H families have approached us about starting a 4-H Shooting Sports Club. While we are still in the planning stages, we want to hear from you. Teams would comprise of junior division ages 9-12 and senior division ages 13-18. If you are interested in learning more, please contact Jody or Barb at the extension office.

Did you know that Jessie Talbott, Kerri Beth Frazier and Terri Lane Frazier assisted with the SweetHeart Tea sponsored by NC Cooperative Extension and Randolph Hospital. They helped serve the plated food and then assisted with the youth activities!



Thanks for your service to our community.

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## 4-H Host Family needed for International Exchange Students



One of the most exciting opportunities of 4-H International/Global Education programs is hosting youth who come to this country every year from all over the world. Most 4-H families find the experience both fun and educational. It also gives 4-H greater visibility in the community. Opportunities are available for sharing life with a Japanese child or adult, a student from Finland, Costa Rica, or Norway or a year-long high school student from a Newly Independent State such as Russia and Ukraine. All families' with an open heart and willingness to learn about another person and culture are invited to host. However, youth delegates must be assigned to families who have a child of the same gender and within 2 years of the same age. Also, families must provide a bed, all meals and transportation for the delegate. The Japanese delegates will be here July 24- August 20, 2009. The delegates are 12-16 years old. Delegates from the other Countries tend to be older than Japanese delegates, usually 15-19 years old. The dates that these delegates will be arriving also vary according to Country. Norwegian students will be here July 1-30 and are required to attend NC 4-H Congress. (Cost for Congress is paid by Norway 4-H). Finnish youth will be here June 14- July 12 and Costa Rican students will be here June 21- July 18. A host family application, three non-family references and a disclosure form for all adults 18 and older in the family are required to be considered to host. Applications may be obtained by calling the Extension office or going on-line to the following web address:  
<http://randolph.ces.ncsu.edu/4hprogram/exchange/index.php>

### 4-H Calendar

March 21	Human Race
March 21	Horse Mgmt Series, Davie Co., Contact Phil Rucker 336.736.6100
March 31	Pastures, Nutrition & Case Studies, Rowan County
April 4	Trail Clinic, Rowan County, Contact Sara Drake, 704.216.8970
April 7	Horse Judging & Oral Reasons, Rowan Co., Contact Sara Drake
April 18	State 4-H/FFA Horse Judging Contest, Williamston
April 25	Senior Division Dairy Judging Contest finalist training
April 30	Parent/Leader Meeting
May 12	Application Resume Interview (ARI) due
TBA	4-H Entertains/Fashion Review
June 1	National Dairy Conference application due to NCSU
June 1	State 4-H Dairy Quiz Bowl & Skillathon applications due
June 5	Centennial Baseball—Winston Salem, NC
June 9	4-H Photography Contest
June 17	State 4-H Dairy Quiz Bowl & Skillathon contest—Statesville
June 19	4-H Presentations—Caswell County
June 22	National 4-H Dairy Conference applicant interview—Salisbury
June 26-30	National Holstein Convention, Sacramento, CA