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Randolph County 4-H Newsletter

Volume 4, Issue 3

May/June 2009

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Dear 4-H Family,

4-H is excited to be celebrating its 100th Year! Can you believe that our great program has been around that long? We know that young people who are involved in our program learn some very valuable skills including decision making, communication, working as a team, managing resources and keeping records.

This newsletter is full of information about what has happened in 4-H in the last few months and more information about what is up coming! We have camp, 4-H Congress, Dairy Quiz Bowl Competition, Dairy Youth Retreat and so much more happening. We have new clubs forming and we are very excited about the new members who are joining our team!

Have a good summer!

Sincerely,

Barbara Dunn Swanson

Centennial T-Shirts

We have our Randolph County 4-H Centennial t-shirts for sale at the extension office. The cost is only \$8. They are 4-H green shirts with the centennial logo on the back and Randolph County 4-H on the front. Contact the office to purchase yours today.



North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina University, North Carolina A&T State University, U.S. Department of Agriculture and local governments cooperating.



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4-H Around Randolph Co.....

Teen Retreat 09

The North Central Teen Retreat took place in Forsyth County on March 20-21. Cody Williams, Josh Laton, Ben Talbott, Jessie Talbott and Heather Allred spent the weekend attending some fun workshops and participating in 2 community service group efforts at the Forsyth County Agriculture Extension Complex. The Randolph County group completed a Scavenger Hunt that started at the hotel, through downtown Winston, Old Salem and finally back to the Ag Center. During the event, a business meeting was held and new district officers were elected. Our very own Heather Allred campaigned for President. We are very proud of our Randolph County teens for a successful weekend.

The Human Race fundraiser took place on

March 21. It was a great day to walk or run around town while catching up with old friends. Congratulations to the following

4-Hers and volunteers for completing the walk: Monica Stickler, C.J. Stickler, Tyke Stickler, Kathy Simpson, Angel Simpson, Laura, Allred, Josh Allred, Gail Allred, Brenton West, Bryant West, Chris West and Pam West. The money we raised will be put to great use helping offset the cost for youth to attend summer camps and pay for transportation.

Thank
you

4-H Summer Adventures '09

Be on the lookout for the 2009 4-H Summer Adventures Brochure! We have lots of fun and excitement planned for this summer. Invite friends and family to come along and enjoy an adventure or two with you!

Summer Plans?

Do you have some time to volunteer for 4-H this summer? If you would be interested in working with school age youth as a summer volunteer, contact Jody Terry at the Extension office.

District Activity Day

District Activity Day is scheduled for Friday, June 19 in Caswell County. If you haven't picked a topic to research and present, Barb or Jody will be glad to help you with some ideas. This is the opportunity to work on your public speaking skills and explore a subject of interest to you. Please call the office and speak with Barb or Jody for help questions. The deadline to register to participate is June 1.

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2009 4-H Entertains/Fashion Review

Mark your calendars and start getting your act together because the event will take place on **Thursday, May 14 at the Sunset Theater in Asheboro** at 7:00pm. The deadline for registration for *4-H Entertains/Fashion Revue* is Monday, May 4. You do not have to be a member of 4-H to participate. We are looking for talent acts of all kinds. Group and single acts welcome. The Randolph County Fashion Revue is your chance to show off your sewing skills. Enter your handmade garment and then “show your stuff” on the runway!



We want to make sure all talent entrants have the opportunity to do their very best, therefore we plan to have a mandatory dress rehearsal on Tuesday, May, 12 from 5-6 pm. Please make plans to have the final touches on your acts, costumes and/or props in order to be prepared for the dress rehearsal at 5 pm at the Sunset Theater. Fashion Revue items must be turned into the office by Monday, May 11 for judging.



In order to continue our community service efforts, we are sponsoring Happy Hills Animal Foundation in Staley, NC. This non-profit organization is in need of the following items: Canned Dog Food, Canned Cat Food, Bleach, Mops, Brooms, Trash Bags, Dish Detergent, Laundry Detergent, Dog Toys, Cat Toys, Dry Puppy Food, Dry Kitten Food, Towels and Office Supplies. Drop off donations at the extension office or

bring to the event. Contact the extension office with questions.

4-H Congress Announced

Each summer, 4-H members 13 years of age and older are invited to attend State 4-H Congress. We will leave Extension by 8:00 AM on Monday July 20 and return very late, Thursday, June 23. During Congress youth will elect state officers, attend workshops, complete a community service project, enjoy time to socialize with their friends and participate in the Centennial Celebration of 4-H! Cost to attend 4-H Congress is \$150, which includes lodging, meals, insurance and transportation for this four-day trip! (Each participant will receive an \$80 United Way scholarship to attend –making your final cost just \$150) Deadline to sign up for this trip is Monday, June 29.

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Randolph County 4-H Teen Leadership Club

The Teen Club is open to any young person ages 12-19. Teens may be currently enrolled in another 4-H club, but this is not a requirement. Bring friends!



The Teen club meets for regular meetings and for committee meetings to plan activities throughout the year. Teen Club activities are planned, implemented and evaluated by the teens themselves.

◆ Some Teen Club activities may include, but are not limited to:

- o Regular monthly meetings
- o designing a web page
- o holiday parties
- o volunteering with young kids
- o volunteering with seniors putting up 4-H educational booths
- o trips to theme parks
- o visiting local restaurants and ice cream parlors (yum!)
- o planning other fundraisers,
- o bowling
- o rock climbing and much more!

For more information or for issues with transportation, please feel free to contact Jody Terry at the Extension Office.

Junior Camp Slots



I still have three slots for boys to attend Junior 4-H Camp! If you are between 8 – 14 years of age, you are eligible to join the camp group. Cost for camp is just \$300 per person. We will travel to Swannanoa 4-H Camp in Asheville, NC on Sunday June 21 and return Friday, June 26.

If you like to hike, swim, canoe, meet new friends, and do art and environmental education projects, then this camp would be a really neat experience for you! Call Barb at the Extension office to reserve your spot today.

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Poster Contests!

The theme for the 2009 Dairy Poster Contest is "Fuel Up with Milk - June Dairy Month ". 2009 Poultry Poster Contest theme is "Wild and Wacky Waterfowl." Youth should incorporate these themes into their posters. Career posters are also welcome. Please note the following rules:

1. Competition in this contest will be conducted on an individual basis in Division I (9-12 years of age), Division II (13-15 years of age), and Division III (16-19 years of age) at the county and state level. Youth in Division IV (5-8 years of age) will participate on a non-competitive basis at the county level only.
2. Posters should be a standard 22" X 28" size.
3. Posters MUST NOT contain copyright material such as cartoon characters, etc.

Dairy:

Individual county winners will be sent on to the state competition.

All posters at the state competition in Division I, II, and III will be displayed in a prominent place at the Junior Dairy Show in the Jim Graham Building at the NC State Fair.

The following awards will be provided to state winners in Division I, Division II, and Division III by the Southeastern United Dairy Industry Association (SUDIA):

- First Place: \$100 cash
- Second Place: \$75 cash
- Third Place: \$50 cash

Poultry:

First Place poster only in Division I, Division II, and Division III will move on to Melissa Scherpereel, Extension Poultry Youth Specialist, NC State University. The following awards will be provided to state winners in Division I, Division II, and Division III by the U.S. Poultry and Egg Association and the NC Poultry Federation:

- First Place: \$50
- Second Place: \$35
- Third Place \$25
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Career:

Make a poster following the above guidelines for a poster showing a career that interests you.

Deadline for entries for dairy and poultry is June 1st. Entries must be submitted to the Extension office by June 1. Contact Jody Terry with questions.

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Dairy Quiz Bowl

The Dairy Quiz Bowl and Skil-lathon will take place in Ire-dell County on June 17. Teams must be registered by June 1. Dairy Quiz bowl is a contest with dairy topic ques-tions. One statewide contest is held each year. Teams compete with each other in giving oral answers to questions posed by a contest moderator. The teams receive credit for correct answers and in some cases, a penalty for not answering. A written exam is also part of the senior division contest at the state level. Youth ages 9-19 are eligible to participate. Con-tests will be held for both the junior and senior divisions. Contact the Extension Office for more details.



Southeast Dairy Youth Retreat

Southeast Dairy Youth Retreat will take place at Virginia Tech in Blacksburg, Va. the week of July 5. Registration to partici-pate is due to NCSU by 5:00 pm on June 12.

This is a trip of dis-covery on all things dairy. Contact the Extension Office for more details.



Shooting Sports Club Established

Are you a member of 4-H and 9 years of age or older, you are eligible to join our target Shooting Sports club. The first meeting was held April 16 and a club leader was identified.

We will continue to meet and plan shooting events. If you want to join, give Jody a call at our office and we'll put you on the list!



Randolph County Record Book Results



Congratulations to everyone who turned in project record and cumulative record books. We are so proud of your hard work!

CJ Stickler	Addie Ward
Monica Stickler	Emma Wicker
Laura Allred *	Adam Frazier*
Evan Gunter *	Katie Wicker
Heather Allred *	
Terri Lane Frazier *	

* Denotes individuals with records moving onto the State level.